

**BARNSTAPLE RUGBY FOOTBALL CLUB**  
**HEAD INJURY AND CONCUSSION PROTOCOL.**

Player receives Significant  
knock to head



Remove Player from activity and monitor closely, do not allow return to activity on day of Knock to head.

Any Signs of Concussion appear follow Concussion pathway.

No signs of concussion appear in following 24hours, player may return to activity at next session.

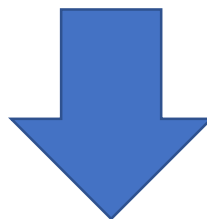
Player Clearly Concussed



Player safely removed from activity area, concussion protocol followed.

Injury form completed and given to Club Safeguarding Officer.

Player attends Club on next available training night to see Club Physio.



Return to play period does not start until Player is symptom free.

Club Physio will see player near end of suspended period to receive Signed letter from parent (pro forma letter provided by physio) and sign off "player return to activity"

**NO PLAYER MUST RETURN TO ACTIVITY UNLESS SIGNED BACK BY CLUB PHYSIO**